

2025 FALL SCHEDULE

TOT, PRE-SCHOOL & HOMESCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Tot (1.5-3 yrs)		5:45-6:30pm			9:15-10:00am		
Pre-school Gymnastics (3-4yrs)		5:00-5:45pm 5:45-6:30pm			10:10-10:55am		
Parent & Tot/PS Mix (2-4yrs)							10:30-11:15am
Pre-School Drop In (5 & under)	11:00-12:00pm				11:00-12:00pm		9:30-10:30am
Homeschool Gymnastics (5 yrs+)	9:45-11:00am 12:00-1:15pm				12:00-1:15pm		
All Ages Drop In						3:00-6:00pm	1:00-4:00pm

GYMKIDS, NINJAKIDS, TEENS & ADULTS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginner GymKids (Level 1-3)	3:30-4:45pm 4:45-6:00pm	3:30-4:45pm	3:30-4:45pm 4:45-6:00pm	3:30-4:45pm 4:30-5:45pm	3:30-4:45pm		11:15-12:30pm
Intermediate GymKids (Level 4/5)	6:00-7:15pm 4:45-6:00pm		6:00-7:15pm 4:45-6:00pm	3:30-4:45pm 5:45-7:00pm			11:15-12:30pm
Advanced GymKids (Level 6+)	4:45-6:00pm		4:45-6:00pm				
Jr. GymStars* (5-8 yrs)	3:15-4:45pm	4:30-6:00pm	3:15-4:45pm	4:30-6:00pm			
Sr. GymStars*(9+ yrs)	6:15-8:15pm		6:15-8:15pm	6:00-8:00pm			
Beginner NinjaKids (Level 1-4)	3:30-4:45pm		3:30-4:45pm		3:30-4:45pm		
Intermediate NinjaKids (Levels 5+)	4:45-6:00pm						
Elementary Drop In (5-12 yrs)							
All Ages						3:00-6:00pm	1:00-4:00pm
Adult Drop In Lessons (18 yrs+)		6:45-8:00pm					

